



THE RURAL HITCH

FOURTH QUARTER 2011

**A publication of
Lakes Region
Mutual Fire Aid
Association**

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62 Communications Drive
Laconia, New Hampshire 03246
603.528.9111
www.lrmfa.org

Major Communications System Upgrades Coming...

The Lakes Region Mutual Fire Aid system was successful in receiving two major grant awards from the NH Department of Safety Homeland Security Grant Program. These two grants will allow LRMFA to make major system upgrades in two areas of our communications system.

The first grant award was for \$278,299 for the purpose of purchasing a Computer Aided Dispatch (CAD) system. This upgrade will allow the communications center to process emergency calls much quicker than the current system allows. It will also allow the communications center personnel to maintain response data easier and provide run reports to the departments more efficiently. The staff is currently reviewing available CAD systems and will soon begin the purchasing process. At that time, staff members will be meeting with each Fire Chief in the System and designated people to obtain the necessary data to transition to the new CAD. This project should be completed in approximately nine months.

The second grant award was for \$296,920 to design and install a Simulcast System as part of our radio communications system. LRMFA operates a Public Safety Communications System that services the fire/EMS needs of 36 communities spread over an area of approximately 1,500 square miles in five counties. There are ten transmitter sites used to provide the radio communications over this area. Due to the topography and size of the LRMFA service area, field units are often not able to hear critical communications from a remote transmitter site serving a different portion of our system. Field units regularly transmit while base stations are operating on the same channel, resulting in system interference, requests to repeat messages, and loss of critical messages. In addition, we

UPGRADES — CONTINUED ON PAGE 8



Looking for Volunteer History Buffs!

Lakes Region Mutual Fire Aid Association is seeking volunteers to join a group of like-minded individuals who will organize and assemble a history of the Mutual Aid Association. The culmination of this project will be a gala dinner that will feature an antique fire apparatus display and a multi-media historical presentation.

Through the years, small histories of the Association have been written, covering specific periods of time. But the complete and definitive history of the Association has never been done — nor has a history of the fire service in New Hampshire.

Volunteers would search through old records at the various fire departments as well as news records, library records, and historical records here at the Communications Center.

If you are interested in helping out with this endeavor, please contact Deputy Chief Beland at the Communications Center. He may be reached at 528.9111 or at jbeland@lrmfa.org. 

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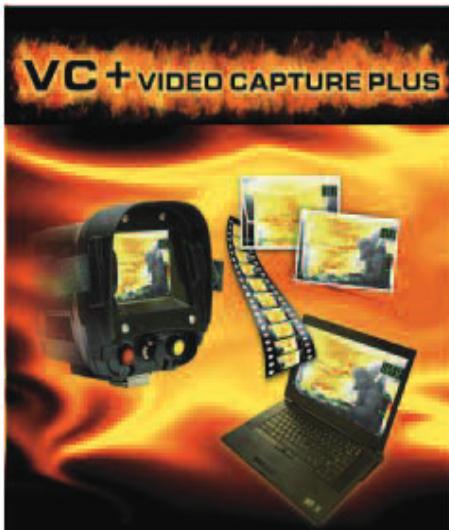
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LASER GRIP



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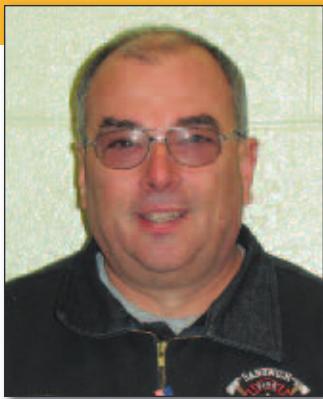


TOSCHEDULE A DEMO

1024 Suncook Valley Highway Unit D5, Epsom, N.H. 03234

Featured department...

Sandwich Fire Rescue Department



Chief Louis Brunelle
Sandwich Fire Rescue Department

Fire Chief:	Louis Brunelle
Address:	23 Wentworth Hill Rd. Sandwich, NH 03227 603.284.6264
Office	
Hours:	No set hours
Officers:	Asst. Chief Robert Miner Dep. Chief Michael Canfield Capt. Jim Mykland Capt. Jeff Marts EMS Capt. Susan Michalski EMS Lt. Nancy Morton Lt. Edward Call Eng. Dale Mackay
Apparatus:	4 Engines 1 Rescue 1 Utility 2 Forestrries 1 Boat 1 ATV

Sandwich is the quintessential small-town in New Hampshire, with a center filled with stately colonial homes and the typical white wood frame church. It covers a sizeable area — 100 square miles — which makes it the third largest town (in area) in the state. And within the 100 square miles one can find 90

miles of roadway. Like most towns within the Lakes Region Mutual Fire Aid system, its year-round population of 1,300 more than doubles in the summer to almost 3,000! It's location between the Lakes Region and White Mountains has made it a destination for many hikers, bikers, and swimmers. A major attraction is the Sandwich Notch Road, which ends on Route 49, near Waterville Valley. Part of the town is in the northwest corner of the White Mountains National Forest. The town's proximity to such wonderful hiking has resulted in a number of back-country rescues.

The Sandwich Fire Rescue Department has always been in Center Sandwich. There is a small substation in North Sandwich that currently houses Engine 3 and the Utility. The original Center station was just down the road, on Church Street. On August 26, 1972, the department moved to its present location. Francis Hambrook was the Chief then. The station is becoming cramped, with apparatus and



equipment shoe-horned in wherever it fits. A feasibility study looking at expansion is underway.

Chief Louis Brunelle has been the chief since 2006. He has no family history of fire service but did have relatives who were police officers. And that's where he started his public service — as a police officer in Billerica, MA. He and his family moved to the Lakes Region where he worked as a police officer in Laconia, Gilford, Meredith, and Sandwich. It was in Sandwich that he first became involved with the fire service. In 1986, he joined the Sandwich Police Department and Fire

**Sandwich Fire Rescue Department's main station, located at
23 Wentworth Hill Road in Center Sandwich.**





Scenes from the Young residence fire in North Sandwich. This fire took place during heavy snow in February 2011. The house was a total loss.

Rescue Department. At the time he was an EMT. Eventually he retired from police work but remained on the fire department, working his way up through the ranks until he became chief in 2006.

Sandwich Fire Rescue Department averages 165 calls per year. Because the area has a large elderly population, the bulk of the calls are on the EMS side.

When asked about the worst fire or accident in town, the Chief responded with the February 2011 structure fire at the Young home in North Sandwich. Unfortunately, they lost the house but the occupants were all OK. Although it didn't save the house in this instance, the department's Engine 2 has a compressed air foam delivery system that has helped save several homes. At one structure fire one side of the house was fully involved upon arrival. Within 5 minutes the compressed air foam system had knocked the fire down, using only 350 gallons of water! However, as the Chief said, big fires need big water and the foam isn't always going to save the day.

The Chief and his wife of 37 years, Suzanne, have two boys. Their son Nicholas is a carpenter in the Lawrence, MA area and son Philip is a member of the McMurdo Fire Department in Antarctica! The

department is the southernmost professionally-staffed department in the world! Brunelle also enjoys his four grandchildren.

When asked what difficulties a small volunteer fire department faces, the Chief mentioned time — or lack thereof — as being a major issue. People work fulltime and becoming (and remaining) a firefighter or EMT involves an incredible amount of training and dedication. It is a huge commitment and many people just don't have the time.

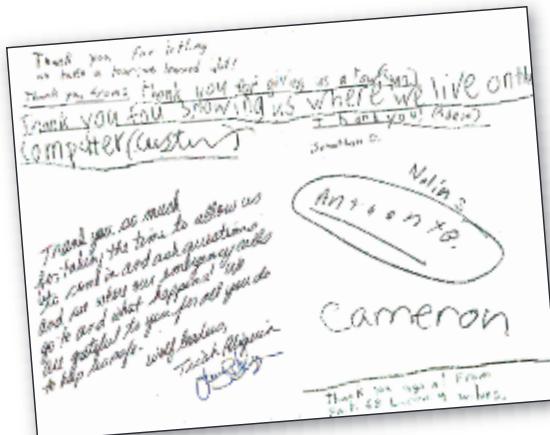
Sandwich Fire Rescue uses the Fairgrounds, which is right next door, as a training site. The Fair itself is a large event, bringing 10-15,000 people to town. This year's

Fair was the busiest to date, resulting in more calls than ever.

Sandwich and its residents are supportive of the Fire Rescue Department. Currently, there is a fundraiser underway to raise money for a 12-lead defib unit for the Rescue. The department has also held boot drives, mailings, and applied for grants to purchase equipment. The Fire Association contributes a lot to the rescue side of the department.

The department meets the last Wednesday of the month and holds regular training nights on the first and third Tuesday evening. It also has two fundraisers each year: A July 4 Chicken BBQ and another BBQ during Old Home Week in August. 

Pack 68 Laconia Wolves Visit Communication Center



EMS Update

Why We Are Here

Shawn Riley, EMS Deputy Chief, Laconia Fire Dept./LRGHealthcare



Many of us got into the fire service or EMS for the excitement. We wanted to pull babies out of burning buildings. We wanted to kneel in the blood and save lives at a trauma scene. As new EMTs soon learn, it's not all "saving lives and stomping out disease." Quite often our job involves helping the elderly.

Having the opportunity to help is both an honor and a privilege. Not many folks can make their living by making a difference of this magnitude in someone's life. Sometimes we just need to remind ourselves of how important it is to offer compassionate, simple help to an older person.

I was recently reminded of EMS provider burn-out by a personal story. In one week, my 85-year-old grandmother was transported twice by ambulance. I won't reveal the provider, but I will say it was not a Lakes Region service. I realize we in the Lakes Region would never let this happen; hopefully my story can shed some perspective.

On the first occasion, my grandmother called 9-1-1 from her independent living community at 3 a.m. She was in great pain. The arthritis in her hips had progressed and the pain medication was not touching it. She held off as long as she could. Finally, fear and exhaustion caused her to do the unthinkable...Call 9-1-1. The grumpy and disheveled providers showed up and were clearly not pleased to be awoken for a non-traumatic "hip pain call." She described her treatment that night as being "abruptly" thrown onto the stretcher and given a "bumpy" ride to the hospital. They were paramedics but offered her no pain medication. Why wouldn't

they? Is it that it would have caused way too much paperwork? Before I heard my grandmother's story, I saw one of the Paramedics. He told me, "I took your grandmother last night at 3 a.m." I replied, "Thank you very much." "No. I took her in at 3 a.m.," he said again. I may be a bit slow but I certainly got the undertones.

That same week she had a case of "expistaxis" (a.k.a severe bloody nose); again this was at 2 a.m. The next day I got a call from an EMT who had been on scene. He told me he couldn't figure out why the Paramedic (a different Paramedic than the first time) was trying to talk her out of going to the hospital.

It is clear that as we get on in age we become slow, our body changes. We are unable to do as much for ourselves as we used to. We truly become weak. The reason Fire and EMS exist is to help those weaker than us. Sometimes we help by kneeling in the blood on the side of the highway; sometimes we pull a baby from a burning building. More often than not, we help by holding the hand of a scared elderly person and doing what we can to make them feel better.

We are seeing a huge rise in the number of elderly as the baby boomers begin to age. Our roles will change to reflect the needs of society. Alzheimer's is on the rise. In the next several years, we will see 14 million Americans with this debilitating disease. In people over the age of 85, one in two (that's half) will have Alzheimer's. They will need your help.

I'm not saying we should all toss our adrenalin-seeking ways and become full-time caregivers to the elderly. There will always be fires, traumas, and a need for us. The true "Warrior Hero" of the next 30 years will be the unsung elderly care givers. Make a place in your heart for these folks. They need you and they are why you're here. 

Dispatchers Continuously Training

You may have heard some new voices on the air recently — or voices you're not used to hearing from Lakes Region. Did you think you'd tuned in Capital Area by mistake? This is all part of cross-training that has been taking place both here and in Concord. LRMFA and Concord Fire Alarm perform back-up services for each other. In order to

do that seamlessly, it is important for dispatchers at both communications centers to become familiar with equipment at both locations. That's why the "new" voices.

Also, as part of ongoing training, Lt. Rob Frame has attended a Fire Communications class and been joined in Advanced Fire Communi-

cations by Lt. Kevin Nugent and Dispatcher Chris Reynolds. These classes were held at the Hampton (NH) Police Department.

Lakes Region Mutual Fire Aid dispatch personnel are always striving to be better and thus continuously train and seek educational opportunities. 

2011 Firefighter I & II Graduates



the Firefighter I class offered at Bristol Fire Department in 2011:

Rebecca A. Bordonaro, Mathew Bowers, Samuel H. Coes, Nicholas D. Coursey, Daniel A. Custance, Cliff Dumont, Jacob G. Fogarty, Victoria G. Goodheart, James R. Graham, Jeremy A. Haney, Jennifer S. Hart, Derrick Lamprey, Michael Lembo, James J. Magee, David K. Mayhew, Jacob J. Mello, Thomas J. Moore, Joshua P. Moreau, Michael F. Plummer, Todd Randlett, Amy A. Riedy, William N. Russell, Timothy D. Smith, Scott A. Wilcoxson, Robin J. Willette, Hollie L. Wilson, and Brandyn A. Wixon.

Firefighter II classes were also offered in 2011. The first classes were hosted by the Ashland Fire Depart-

The following people successfully completed

ment and ran from February 7 through May 4, 2011. The following people completed the course:

Robert Laraway, Tim Joubert, Keith Duperron, Stephen L. Smith, Matthew Paquette, David Silbernagel, Samuel Adams, Dennis Comeau, Derik Ogg, Michael Skeats, Raymond Smith, Stephanie Read, Steven J. Dalton, Betty P. Davis, Stephen A. Harris, Joseph Keeler, Joseph Vosgershian, Jacob Dufresne, Ryan D. Salmon, Abe Abear, and Hannah Epstein.

The second series of classes was held at New Hampton Fire Department with the following people participating:

Steven M. Berube, William J. Burke, Julian G. Carr, Douglas A. Clement, Michael D. Colclough, Christopher A. Conway, Cain T. Davis, Noel A. Davis, Ryan R. Dillon, Michael P. Drake, Craig R. Dunn, Sr., Trevor T. Greene, Joseph Horan, Kendall B. Hughes, Casey D. Keene, Brett C. MacHenry, James T. Midgley, Marshall E. Nye, Phil F. Plummer, David J. Prutzanni, Cinthia M. Rogers, Benjamin Kirk Shaw, James R. Shepard, Paul D. Steele, and Philip C. Uhlendorff.

Congratulations to all.

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SCBA Face Piece Fit Testing Now Available

As a new service, the Lakes Region Mutual Fire Aid system is now able to provide SCBA Face Piece Fit testing to its member communities. Approximately one year ago, a question was asked regarding how many fire departments in the LRMFA system were doing annual face piece fit testing. The answer was less than half were conducting the test. The Board of Directors discussed the situation and agreed this was a service that would be beneficial to all departments within the system if it could be provided at a cost lower than what departments were currently paying, which is about \$35/person tested.

A working group was put together to research the test equipment available, to conduct quantitative testing and the associated training, and cost. Chief Jones (Meredith), Chief Bengtson (Moultonborough), Captain Balcom (Gilford), and Chief Hayes (LRMFA) made up the working group. There are only two current manufacturers of quantitative fit testing equipment and both products were reviewed by and demonstrated to the group. The decision



was made to recommend purchase of the Quantifit Respirator Fit Test System manufactured by Occupational Health Dynamics. In addition to purchasing the fit test equipment, face piece adapters for the various types of SCBA used in the LRMFA system had to be purchased. The total price for the fit test equipment and adapters was \$14,810.50. The equipment has been purchased with money received through donations. On January 4, 2012, a group of individuals will be trained to conduct the SCBA face piece fit test.

The New Hampshire Department of Labor regulations requires SCBA face piece fit testing to be provided to all persons who wear respirators/SCBA. It is also required by the EPA for responders to HazMat inci-

dents and the NFPA 1500 Standard on Firefighter Occupational Safety. These standards and regulations should be reviewed for a clear understanding of what is required. A face piece fit test tests only for the proper fit/seal of the face piece being worn by the firefighter. It does not determine in any way the physical or medical ability of a person to wear SCBA. It is strongly recommended that all persons wearing SCBA complete a Respirator Medical Evaluation Questionnaire and have it reviewed by an appropriate medical authority.

Once the training is completed, departments can begin asking to have face piece fit tests conducted. The testing will be performed at the local fire station at a time that is convenient to the department. A printed test result for each individual tested will be provided to the Fire Chief. In the event that a successful test is not achieved on an individual, departments that use SCBA other than SCOTT will need to contact their supplier to obtain the correct size face piece and then schedule another test. 

UPGRADES – CONTINUED FROM PAGE 1

must repeat alert signals and emergency voice transmissions over multiple transmitter sites, one at a time, in order to reach all necessary responders and units. Converting to narrowband transmissions, as required by the FCC by the end of 2012, will exacerbate this problem.

The installation of a Simulcast System to control the radio transmission network of Lakes Region Mutual Fire Aid will significantly improve the efficiency of the system and greatly reduce the level of radio transmission interference. The basic concept of a Simulcast System is to have all ten transmitters operate at the same time in a synchronized manner so that a single radio transmission is made

throughout the entire LRMFA system. This will allow units in all parts of the mutual aid system to hear radio transmissions made from the Communications Center, thus reducing the possibility of field units being covered by base station transmissions. It will also increase the speed and efficiency of dispatching emergencies by eliminating the need to broadcast both tone and verbal messages from multiple transmitter sites individually.

The combination of these two projects will result in a dramatic improvement in our communications system infrastructure and will provide better service to the member communities. 

Free Online Training Opportunities

Listed below are free online training sites. Take advantage of these free classes to increase your knowledge!

-  www.cfitrainer.net
-  [www.fema.gov \(training section\)](http://www.fema.gov/training-section)
-  www.teexwmdcampus.com
-  www.pipelineawareness.org
-  www.firstrespondertraining.gov
-  www.usfa.dhs.gov/nfa/

Recent Fires in the LRMFA System



Above: North Main St., Laconia porch fire on Dec. 20, 2011.



Right: 29 Depot Rd., Barnstead structure fire on Dec. 18, 2011.



Church St., Tilton/
Lochmere structure fire on
Dec. 16, 2011.

It Takes A Village... To Save A Man's Life

A celebration was held on Dec. 20 at the 9-1-1 Center on Smokey Bear Blvd., Concord, honoring all those involved in saving Jim Riley's life on Dec. 1, 2011.

On that day, Riley suddenly collapsed while working. His co-worker, Lynn Shull, immediately called 9-1-1 and reached Dispatcher Joyce Jastrem. Jastrem contacted LRMFA dispatcher Jeff Tobine who dispatched an ambulance to the location. In the meantime, the 9-1-1 operator gave Lynn assistance over the phone on how to perform CPR.

Two passers-by noticed that there was a problem and stopped

to help. Brett Kimball picked up the cell phone to continue receiving instructions from 9-1-1 on CPR while his co-worker, Dave Elwell, took over chest compressions. They continued to encourage Riley to "hang in there." Alton Fire Rescue arrived on scene and assumed care. They defibrillated Jim and immediately had a viable heart rhythm. Riley was loaded into the ambulance, which then headed to Huggins Hospital. The ambulance was met by Huggins Paramedic Janet Williamson who provided advanced lifesaving care.

Eventually Jim Riley was airlifted to Dartmouth Medical Center in Hanover where surgeons implanted a stent. Jim was home in just one week!

It did indeed, "take a village" to save his life. His co-worker, the 9-1-1 operator, LRMFA Communications Center personnel, the passers-by, an ambulance crew, a paramedic intercept, hospital workers, a helicopter crew, and a team of surgeons all worked to save Jim Riley's life. He and his family definitely had a "Merry Christmas" this year and are looking forward to a Happy New Year! 🚒

Belmont Fire Department Holds Open House

Belmont Fire Department held an Open House on Saturday, October 29, 2011. This was a wonderful opportunity for Belmont residents to tour the station, check out the LRMFA mobile command trailer, and watch an interesting demonstration of the difference fire sprinklers make in the event of a fire.

Shown here are photos of the mobile command trailer as well as the sprinkler vs. non-sprinkler demonstration. The "room" on the left has sprinklers while the "room" on the right does not. Both rooms were allowed to burn for the same amount of time. It's pretty obvious the impact sprinklers have on the situation! 🚒



Left: Two views of the inside of LRMFA's mobile command trailer.

Below: The advantages of sprinklers become obvious in this demonstration created by the Belmont Fire Department at their October Open House.



Keep It In Service... Routine Apparatus Inspections: More Than a Requirement

By Glenn Davis, Lakes Region Fire Apparatus

As we know, all drivers of commercial vehicles, i.e.; DPW, snow plows, delivery trucks, semi's, UPS, etc., are directly responsible for the safe operation of their equipment. They are also responsible for completing a pre-trip inspection of the equipment they are operating to confirm it is in safe, operational condition and is road ready. And if it isn't they must ensure the appropriate person(s) are made aware in order to correct the deficiencies prior to that unit being placed into service. As fleet managers, our drivers are our first line of defense with regards to their apparatus safety, which obviously includes the safety of other employees, as well as that of the general public.

As many of you are aware, I operate a fire apparatus repair business and recently, during the normal course of work, was called upon to inspect a rear axle brake set that had been used well beyond its designed life. The Fleet Maintenance Manager stood there with me with a bewildered look on his face as I inspected this truck's rear axle brakes as if to say "how and why?" While observing the conflagration before me, I wondered how did they (the now molten metal that once was a backing plate) get to this point. Well, mechanically speaking, it was easy to conceive; and to be blunt, it was driven way too long with a definite brake issue that had not been detected by the vehicle's operators. The bigger questions were: "why" and "how come." NFPA 1911 (2007 edition) Chapter 4 deals with apparatus inspections so the "why" is perhaps the simpler answer. It was obvious there was not an effective and com-

plete safety (pre-trip) inspection being completed and/or it was not being effectively conveyed to fleet management there was a problem with the brakes. Fortunately, no accident occurred which would have resulted in a subsequent inspection by highway safety. If there had been an accident, several summonses would have undoubtedly been issued to the operator (see 49 CFR396.11 & 369.7). As stated above, apparatus inspections are our first and perhaps best line of defense with regards to apparatus safety and readiness and must be completed on a regular basis by trained personnel.

Training for vehicle inspections can be provided by NH State Police as well as several of the insurance providers we use. With the snow piling high outside this winter, a good suggestion for training is to perhaps bring these instructors in and train our personnel on how to effectively complete a pre-trip inspection and follow-up report. These same people can assist you in keeping logs and install commonly-used tools to identify upcoming problems on your apparatus before they reach conflagration proportions. Finally, keep in mind: In conjunction with increased safety, it is a sure way to *keep it in service!*

IMAT Update

The Lakes Region Incident Management Team met for the first time as a team on December 21st. Currently, we have 11 members on the team and we are still seeking additional members. In particular we need members interested in filling the Public Information Officers position and the Medical Unit Leader position, as well as several other openings. Our next step is to begin seeking out position-specific training opportunities for the members of the team. To facilitate this we are going to be reaching out to the Seacoast IMAT in hopes of coordinating some training efforts and possibly sharing some resources.

We will be putting together a training program to be presented to LRMFA member departments detailing what services the IMAT will be able to provide and what the process will be to request activation of the team.

Anyone interested in becoming a member of the team or looking for information about the team please contact Chief David Parenti at Belmont Fire, 267-8333 or parenti@belmontnh.org 

Respectfully in Safety and Service
Chief/EMD David L. Parenti
Belmont NH

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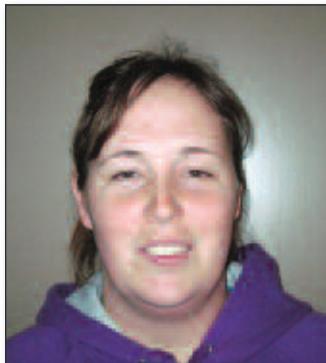
People on the Move... New Apparatus...



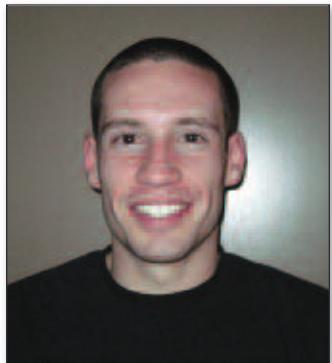
Brian Blanchette
Franklin Fire Dept.
New Full-time FF/Paramedic



Brad Keay
Franklin Fire Dept.
New Call Firefighter



Heather Lemay
Franklin Fire Dept.
New Call Firefighter



Jason Plumb
Franklin Fire Department
New Call Firefighter



Center Harbor. 5E1

2011 HME. 1,650 g. water; 2,000 gpm pump; 1,600' of 4" hose; 9'8" ht; 29' long. 40,000 lbs. loaded with water and equipment. Heavy-duty axles.



Barnstead. 6A2

PL Custom Type 1 4x4. Placed in service November 13, 2011.



Laconia. 13A2

PL Custom ambulance on an International Chassis.



Tilton-Northfield. 21A2

2011 PL Custom Medallion Type III Ambulance sold by Sugarloaf Ambulance/Rescue Vehicles.

For Sale...



FOR SALE.

1988 Fire Truck. Please contact Chief John Schlemmer, Center Harbor for more details

SEND YOUR DEPARTMENT NEWS TO debbie@irmfa.org

Please send information and photos of new employees, promotions, retirements and general personnel news.

If you have an idea for an article or would like to send an article about something of general interest, please feel free to do so. Articles will be published as space allows. Photos are also welcome.

Fourth Quarter Statistics...

From Oct. 1, 2011 through Dec. 31, 2011

Incidents Dispatched:	October 2011	1,875
	November 2011	1,537
	December 2011	1,759
	Total	5,171
	YTD Total	21,601

Resources Available:

Engines	92	Tankers	15
Ladders	7	Rescues	23
Forestry	36	Ambulances	37
Utilities	5	Fire Boats	25
Towers	6	Air Units	5
ATVs	12	Command Vehicles	21

LRMFA HEADQUARTERS, LACONIA, NH



PHOTO COURTESY BILL HEMMEL. LAKESREGIONAERIALS.COM ©2009

Statistics:

- Began operations in September of 1971. Moved operations to our current facility in June of 2000.
- Dispatches Fire and Medical Emergencies for 36 communities and 36 Fire and EMS Agencies.
- Serves a population of 119,712 residents (2009 Estimate).
- Is spread over 5 NH Counties, covering a geographical area of 1,494 square miles (16% of the area of the State of NH – 1.5 times the size of the state of Rhode Island).
- Protects over \$20.6 billion dollars of property (2009 Valuation).
- Has an operating budget of \$1,099,232 (2011 budget).
- Has 9 full-time and 10 part-time employees.
- Dispatched 21,413 incidents during 2010 (58.67 calls per day).
- Dispatched 19,837 incidents during 2009 (54.35 calls per day).
- Dispatched 21,508 incidents during 2008 (58.92 calls per day).

Attention

The LRGHealthcare EMS Awards Committee is seeking nominations for the 2012 Award Ceremony. This year's Award categories are:

- ☒ EMS Provider of the Year (one for LRGH side and one for FRH side)
- ☒ Life Time Achievement
- ☒ Heroism
- ☒ Unit Citations
- ☒ Paul Racicot Award for Excellence

Please look for more detailed descriptions in a mailing coming out shortly. If you have any questions or would like to make a nomination please contact Shawn Riley at smriley@lrgh.org or 524-6881.

LRGHealthcare

AL's Breakfast

Con-Ed for EMS and Nursing

2012 SCHEDULE

Wednesday	January 4th	Gilford
Wednesday	February 1st	Franklin
Wednesday	March 7th	Sanbornton
Wednesday	April 4th	Stewart's
Wednesday	May 2nd	Gilford
Wednesday	June 6th	Laconia
Enjoy your	July	Summer
Enjoy your	August	Summer
Wednesday	September 5th	Sanbornton
Watch for	Paramedic	RTP
Wednesday	November 7th	Gilford
Wednesday	December 5th	Laconia

All Breakfasts will be from 0900-1100hrs

Any Question please contact Shawn Riley 524-6881 or Bruce Goldthwaite 934-2205

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RECENT DELIVERIES!

Conway, NH



- HME AHRENS FOX
- International 7600
- Max Force 410 hp engine
- 1,600 gpm Hale Q-Max Pump
- 2,500 gallon tank
- Triple dumps
- Suction hose in the tank
- Drop-down folding tank rack
- Whelen LED light package
- Stainless steel body

Sunapee, NH



HME AHRENS FOX

- 1871-W cab
- Cummins ISL 400 hp engine
- Seating for six
- Top-mount 1,500 gpm Hale Q-Max pump
- Class A Foam
- 8kW Hydraulic generator
- Command Light light tower
- Whelen LED light package
- Rescue-style body with 1,000 gallon tank
- Ladders and suction in the thru-tank position
- Stainless steel body

PO Box 970, West Ossipee, NH 03890

Phone: 603-323-7117 • Fax: 603-323-7447

E-Mail: info@lakesfire.com • www.lakesfire.com





Lakes Region Mutual Fire Aid Association
62 Communications Drive
Laconia, NH 03246

Association Meetings

Meetings are the last Thursday of odd numbered months.

Jan. 26, 2012: 1800 Dinner, 1900 Meeting followed by a tour of the new New Hampton Fire Department

March 29, 2012: 1800 Dinner, 1900 Annual Business Meeting at LRMFA Communications Center

May 31, 2012: 1800 Dinner, 1900 Meeting. Program TBA.
Gilford Fire Department

July 26, 2012: Information TBA

Sept. 27, 2012: Information TBA

Check www.LRMFA.org for locations and updated information.

**Save the Date
for the LRMFA 2012
FIRE SCHOOL:
June 2, 2012.**

**Additional information to
be posted at
www.lrmfa.org as
it becomes
available.**

2012 Rural Hitch Deadlines

First Quarter (Jan/Feb/Mar):
March 22, 2012

Second Quarter (Apr/May/June):
June 21, 2012

Third Quarter (July/Aug/Sep):
Sept. 20, 2012

Fourth Quarter (Oct/Nov/Dec):
Dec. 20, 2012

Training & Education Opportunities

- **Trauma Grand Rounds.** Last Friday of each month. 7:30 a.m. at either LRGH or FRH. For information, contact Shawn Riley at 524-6881.
- **ALS Breakfasts — Wednesdays. 0900-1100.** Nurses, EMTs, EMT-Is are all welcome to attend. Please contact Shawn Riley at 524-6881 or Bruce Goldthwaite at 934-2205 with questions. See page 14 for complete schedule.